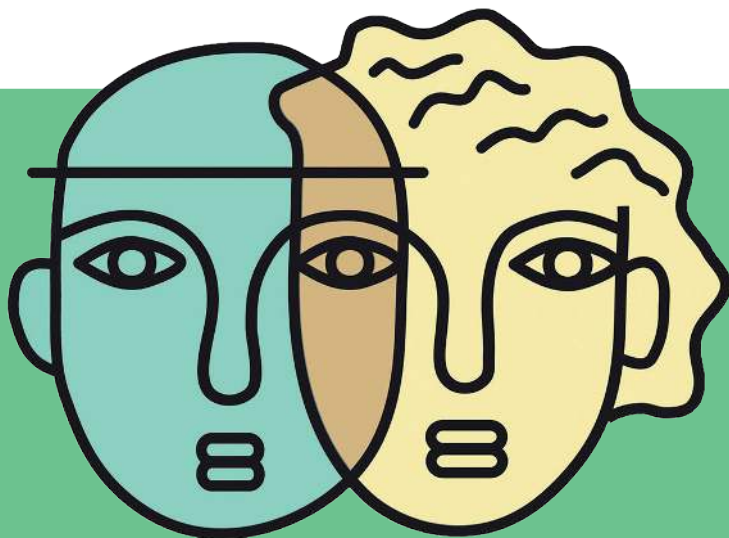


NEW ROUTES

INTEGRATION



**Would you like to be a volunteer
and help someone from a
different country and culture?**

Mentoring and Befriending Project

Our aims

To promote social inclusion for the public benefit by preventing people from becoming socially excluded and assisting them to integrate into society.

To develop the capacity and skills of the disadvantaged minority ethnic individuals and communities of Norwich to support the fulfilment of potential and enable active involvement in society.

To contribute towards social and racial cohesion by building positive images and new connections among people of different backgrounds; thereby integrating marginalised people into the wider community.

Want to be a mentor or befriender?

Do you...

- Have time to commit to a 6-month, one-to-one, supportive relationship with a recently settled, ethnic minority, adult or young person?
- Want to build and share your knowledge and skills?
- Want to help someone achieve their full potential?
- Have an interest in learning about new cultures and communities in Norwich?

We will...

- Give you training in mentoring and befriending skills and an understanding of different migrant categories and entitlements.
- Match you in a one-to-one mentoring or befriending relationship.
- Offer you support and guidance.
- Share activities and fun days out.
- Repay your travel expenses.
- Help you achieve a mentoring/befriending certificate.

You can...

- Increase confidence and self-esteem in yourself and others.
- Share and discover new knowledge and interests.
- Extend your cultural awareness.
- Provide practical support.



**If you would like to be a volunteer
mentor or befriender, or if you know
someone who would benefit
from the support of a
mentor or befriender,
please contact:**

Dee : 07799 661009
projects@newroutes.org.uk
Jenny Wangui: 07483 417407
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