

New Routes

Aims:

To promote social inclusion for the public benefit by preventing people from becoming socially excluded and assisting them to integrate into society.

To develop the capacity and skills of the disadvantaged minority ethnic individuals and communities of Norwich to support the fulfilment of potential and enable active involvement in society.

To contribute towards social and racial cohesion by building positive images and new connections among people of different backgrounds; thereby integrating marginalised people into the wider community.

With thanks to our Funders:



Hidden Charitable Fund



LOTTERY FUNDED

Norwich Integration Partnership
project delivered with Bridge Plus+ and English +

Norwich Social Centre

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New Routes

Integration

Activities



Diversity makes richer communities

**Integration & empowerment
are key to community cohesion**



www.newroutes.org.uk

Approved
Provider
Standard

Mentoring+
Befriending
Foundation

NEW ROUTES
NEW ROOTS

MENTORING AND BEFRIENDING PROJECT

Finding ways to achieve together

6-month, one-to-one partnership support for recently settled ethnic minorities in Norwich.

Adult one-to-one mentoring or befriending partnerships.

Peer mentoring for young people aged 14-22.

(Mentoring & Befriending Foundation Accredited Approved Provider)

	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00
MONDAY	Women's English Class 10.00- 13.00: English language classes for beginners and intermediate, with pre-school childcare and information about local opportunities. International cuisine lunch.						L U N C H	Women's Dance Fit 13.30-14.30											
TUESDAY	International Workshop 10.00 – 15.00: Social integration; signposts to learning, training and work opportunities plus communal lunch.												Homework Support Club 16.00-17.30: young people aged 11+						
WEDNESDAY	Women's Dance Fit 10.00-11.00												Music Club 16.00 – 18.30: Time & space for young people to make music together; learn to play instruments; work with local musicians						
THURSDAY	International Workshop 10.00 – 15.00: Social integration; signposts to learning, training and work opportunities plus communal lunch.									Art Club 2.30-4.30 Informal session for self-expression and creativity									
			English Class 11.00 – 14.00: English Language classes for men and women – beginners and intermediate																
FRIDAY	Women's Craft and Conversation 10.00 – 11.30																Mixed Martial Arts 18.00 – 19.30: Free self-defense class for ages 14 – 22 Promotes fitness and teaches self-discipline		
SATURDAY							Homework Support Club 13.30-15.00: Ethnic minority young people 11+			International Families Club 15.00 – 17.30: Make new friends and enjoy creative activities. All welcome.									

